

LUBRICATING CHAIN

Every 50 Hours of Use

Use 1 teaspoon of 20 weight oil on paper towel.

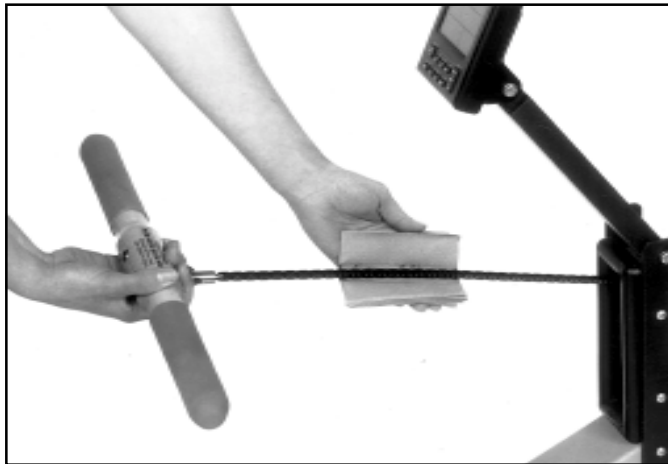
Rub along chain.

Wipe off excess.

Repeat if needed.



1.



2.



3.

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ROWING

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